## Early Education Station WV PreK Fall/Winter Menu

Week 1	Monday	Tuesday	Wednesday	Thursday
Breakfast	Cereal & Yogurt Milk Juice	Muffin Applesauce Milk	Cereal & Yogurt Milk Juice	Waffles Banana Milk
Lunch	Broccoli & Rice Chicken Breast Pineapple Milk	Vegetable Soup w/ Crackers Cheese stick Peaches Milk	Salisbury Steak Mashed Potatoes Corn Bread Milk	Spaghetti w/meat sauce Salad Mandarin Oranges Milk
Week 2	Monday	Tuesday	Wednesday	Thursday
Breakfast	Cereal & Yogurt Milk Juice	Pancakes Applesauce Milk	Cereal & Yogurt Milk Juice	French Toast Sticks Peaches Milk
Lunch	Lasagna Mixed Vegetables Pears Milk	Chili w/crackers Corn Cinnamon Apples Milk	Scalloped Potatoes w/ham Pineapple Bread Milk	Taco Salad Tortilla Chips Mandarin Oranges Milk
Week 3	Monday	Tuesday	Wednesday	Thursday
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Breakfast	Cereal & Yogurt Milk Juice	Oatmeal Bananas Milk	Cereal & Yogurt Milk Juice	Muffin Applesauce Milk
Breakfast Lunch	Milk		Cereal & Yogurt Milk	Applesauce Milk Meatballs Mashed Potatoes
	Milk Juice Cheeseburger Macaroni Green Beans	Bananas Milk  Grilled Cheese Sandwich Potato Soup Mandarin Oranges	Cereal & Yogurt Milk Juice  Chicken Pot Pie Pears Bread	Applesauce Milk  Meatballs Mashed Potatoes Carrots Bread
Lunch	Milk Juice  Cheeseburger Macaroni Green Beans Applesauce Milk	Bananas Milk  Grilled Cheese Sandwich Potato Soup Mandarin Oranges Milk	Cereal & Yogurt Milk Juice  Chicken Pot Pie Pears Bread Milk	Applesauce Milk  Meatballs Mashed Potatoes Carrots Bread Milk

This institution is an equal opportunity employer

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