

## Early Education Station Fall/Winter Menu

<b>Week 1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<i>Breakfast</i>	Cereal & Yogurt Milk Juice	Muffin Applesauce Milk	Cereal & Yogurt Milk Juice	Waffles Banana Milk	Biscuits Mandarin Oranges Milk
<i>Lunch</i>	Broccoli & Rice Chicken Breast Pineapple Milk	Vegetable Soup w/ Crackers Cheese stick Peaches Milk	Salisbury Steak Mashed Potatoes Corn Bread Milk	Spaghetti w/meat sauce Salad Mandarin Oranges Milk	B-B-Q on Bun Peas Applesauce Milk
<i>Snack</i>	Chex Mix Milk	Yogurt Juice	Animal Crackers Milk	Cottage Cheese w/Pineapple Water	Cheese Crackers Juice
<b>Week 2</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<i>Breakfast</i>	Cereal & Yogurt Milk Juice	Pancakes Applesauce Milk	Cereal & Yogurt Milk Juice	French Toast Sticks Peaches Milk	Toast w/Jelly Cocktail Fruit Milk
<i>Lunch</i>	Lasagna Mixed Vegetables Pears Milk	Chili w/crackers Corn Cinnamon Apples Milk	Scalloped Potatoes w/ham Pineapple Bread Milk	Taco Salad Tortilla Chips Mandarin Oranges Milk	Chicken Spaghetti Peas & Carrots Peaches Milk
<i>Snack</i>	Cinnamon Grahams or Teddy Grahams Milk	Yogurt Juice	Sherbert Milk	Cupcake Milk	Cheese & Crackers Water
<b>Week 3</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<i>Breakfast</i>	Cereal & Yogurt Milk Juice	Oatmeal Bananas Milk	Cereal & Yogurt Milk Juice	Muffin Applesauce Milk	Biscuit apples Hot Milk
<i>Lunch</i>	Cheeseburger Macaroni Green Beans Applesauce Milk	Grilled Cheese Sandwich Potato Soup Mandarin Oranges Milk	Chicken Pot Pie Pears Milk Bread	Meatballs Mashed Potatoes Carrots Bread Milk	Pizza Casserole Corn Pineapple Milk
<i>Snack</i>	Brownie Milk	Chex Mix Juice	Vanilla Wafers Milk	Cheese Sticks Juice	Pretzels Juice
<b>Week 4</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<i>Breakfast</i>	Cereal & Yogurt Milk Juice	French Toast Sticks Applesauce Milk	Cereal & Yogurt Milk Juice	Pancakes Peaches Milk	Muffin Mandarin Oranges Milk
<i>Lunch</i>	Sloppy Joes on Bun Broccoli w/cheese Pineapple Milk	Chicken Noodle Soup Peas & Carrots Cheese Sticks Pears Milk	Chicken Fajita Salad Tortilla Chips Mandarin Oranges Milk	Turkey Sweet Potatoes or Mashed Pot. & Gravy Mixed Vegetables Bread Milk	Chicken Casserole Green Beans Fruit Cocktail Milk

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<i>Snack</i>	Banana Chocolate Milk	Teddy Grahams or Graham Crackers Milk	Cheese & Crackers Water	Cucumbers or Carrot Sticks w/Dip Milk	Cereal Bar	Milk